

Ramsey Parks & Recreation

September and October 2019 Program Sampler

Want to learn more about current offerings or register?

Visit: CityofRamsey.com/ParkEvents



Candlelight Yoga

Wednesdays, September 4 - October 30, 8:45 - 9:40 pm, Park Center Building

Guided Vinyasa Style of yoga that focuses on breath and movement. Practicing by candlelight creates a calming and relaxing atmosphere. All levels are welcome. Modifications will be offered. Free to attend.



Qigong Meditation

Thursdays, September 5 - October 31, 10:30 - 11:30 am, City Hall

Start your morning on a peaceful note as you rise with the sun and experience the restorative powers of yoga. Classes will be held outside. This class is for all skill levels. Free to attend.



Movie in the Park

Fridays, September 6, 8:15 pm, Elmcrest Park

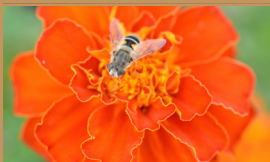
Bring your family and friends for a movie in the park! We will be showing *Home*. Movie will start 15 minutes after sunset. Free to attend. Concessions available.



Starwatch Party

Wednesday, September 25, 7:30 - 9:30 pm, Elmcrest Park

Use large reflecting telescopes, including two giant twenty inch wide reflector telescopes for close up views of the moon, star clusters, nebulae, galaxies and other wonders in our early fall skies. Fee is \$10.



2019 Photo Contest

2019

The City is searching for photos that highlight what you love about Ramsey. Think you have the perfect picture? Visit our website for more details or email photocontest@cityoframsey.com.

All dates and times are subject to change. Not all current offers are listed. Visit CityofRamsey.com/ParksEvents for all offerings. For more information contact the Recreation Specialist, 763-433-9883.